Berberine is a naturally-occurring plant extract that helps enhance glycogen stores and supports healthy digestion. Allmax’s Berberine contains the most researched form – Berberine HCL.\*

Clinical studies have shown Berberine HCL supplementation [1,2,3,4,5]:

• Promotes healthy blood sugar metabolism and insulin sensitivity\*

• Can contribute to maintaining a healthy weight\*

• Supports immune function and the maintenance of healthy respiratory tract mucus membranes\* • Aids in maintaining beneficial bacterial balance in the gut and a healthy microbiome\*

• Helps maintain healthy cholesterol levels\*

**References**

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